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26th February 2019

Dear Kris,

It was really good to meet you today. Thank you for attending our clinic today for an ASD assessment.

This is to confirm that you <u>met the criteria for Autism Spectrum Disorder (ASD)</u> and we have therefore given you this diagnosis. It is important that everyone in your network knows and understands the diagnosis. We also identified that you have extremely high levels of anxiety and ruminative thinking which are not always visible to observers. In our view your current financial and living situation is exacerbating the deterioration in your mental health.

As discussed we will send you a detailed diagnostic report with a list of recommendations however it is a matter of priority that your living and financial situation is addressed.

Yours sincerely,

Dr Caroline Gratton BA (Hons) D.Clin Psy, CPsychol

Specialist Clinical Psychologist

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